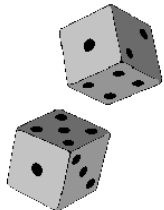


# GAMBLING PROBLEM?

*THERE IS HELP . . .*

*THERE IS HOPE . . .*

**AFTER THE CHASE,**  
Understanding and managing the illness  
of problem gambling  
**630-653-1923**



A program of

**LIFE ENRICHMENT SERVICES, INC.**

2238 Appleby Dr.  
Wheaton, IL 60187

## WHAT IS COMPULSIVE GAMBLING?

Compulsive gambling is a progressive behavior disorder, in which an individual has a psychologically uncontrollable preoccupation and urge to gamble. This results in excessive gambling, the outcome of which is the loss of time and money. Eventually, the gambling compromises, disrupts, or destroys the gambler's personal life, family relationships, or vocational pursuits. These problems lead to intensification of the gambling behavior. The compulsive gambler experiences emotional dependence on gambling, loss of control, and interference with normal functioning.

## WHAT ARE SOME OF THE WARNING SIGNS OF COMPULSIVE GAMBLING?

- Losing control over the amount of money bet and/or the frequency of gambling
- Increasing frequency of gambling
- Relationships suffer
- Borrowing money to gamble
- Feeling guilty about gambling
- Taking time off from work to gamble
- Lying about gambling wins or losses
- Experiencing gambling binges
- Chasing-gambling in order to get even
- Escaping problems by gambling

**Not everyone will experience all of the warning signs.**

## DO YOU HAVE A GAMBLING PROBLEM?

Gamblers Anonymous has 20 questions which it asks new members. Compulsive Gamblers usually answer yes to at least 7 of the questions.

1. Did you ever lose time from work due to gambling?
2. Has gambling ever made your home life unhappy?
3. Did gambling affect your reputation?
4. Have you ever felt remorse after gambling?
5. Did you ever gamble to get money with which to pay debts or other-wise solve financial difficulties?
6. Did gambling cause a decrease in your ambition or efficiency?
7. After losing did you feel you must return as soon as possible and win back your losses?
8. After a win did you have a strong urge to return and win more?
9. Did you often gamble until your last dollar was gone?
10. Did you ever borrow to finance your gambling?
11. Have you ever sold anything to finance gambling?
12. Were you reluctant to use gambling money for normal expenditures?
13. Did gambling make you careless of the welfare of yourself and your family?
14. Did you ever gamble longer than you had planned?
15. Have you ever gambled to escape worry or trouble?
16. Have you ever committed, or considered committing, an illegal act to finance gambling?
17. Did gambling cause you to have difficulty in sleeping?
18. Do arguments, disappointments or frustrations create within you an urge to gamble?
19. Did you ever have an urge to celebrate any good fortune by a few hours of gambling?
20. Have you ever considered self destruction as a result of your gambling?

## PEOPLE CAN BE ADDICTED TO:

Baccarat	Jai Alai
Blackjack	Stock market
Bingo	Sport betting
Cards	Indian casinos
Casino games	Numbers
Cock fights	Keno
Commodities market	Lottery
Off-track betting	Craps
Dog fights	Options market
Dominoes	Roulette
Greyhound racing	Slot machines
Horse racing	
Harness racing	
Video poker machines	
Internet gambling	
Betting on golf, bowling, pool, or other games of skill	

There are other types of gambling not listed above.

**IF YOU THINK YOU HAVE A  
GAMBLING PROBLEM,  
HELP IS AVAILABLE**

Life Enrichment Services, Inc has been treating compulsive gambling since 1985. **AFTER THE CHASE**, a specialized out-patient treatment program began in 1995, treating gambling as an addiction. Often problem gamblers suffer from other addictions as well, or from coexisting emotional disorders. Therefore, all clients receive a thorough assessment, so that the special needs of each client can be met. **AFTER THE CHASE** provides a comprehensive, confidential evaluation and treatment that:

- incorporates the 12-step model
- focuses on the development and maintenance of a gambling-free life-style
- provides education for the illness
- works on relapse prevention
- includes participation in Gamblers Anonymous
- includes family member/partner counseling
- facilitates referrals to in-patient gambling treatment centers when situation requires it
- provides psychiatric services when a co-morbid condition requires medication
- promotes rebuilding self-esteem and living a more balanced life

Many people like the idea of action and a winning bet. Others think gambling will help

them escape from their problems. But for too many, the lure of easy money, action or escape turns into a trap: the trap of compulsive gambling.

The compulsive gambler may be a man, a woman, a teen and may come from any and all social, ethnic and economic groups.

Homes, jobs, financial stability, emotional stability and loved ones are jeopardized or lost as the frantic gambler seeks to find increasing amounts of money and time to gamble. Some even want to die because of the pain they are suffering.

## THERE IS HOPE

Compulsive gambling is an illness. It can be treated. If you are concerned that you or someone you know may have a gambling problem, help is available. For assistance with a gambling problem, call day or night:

**1-866-442-8620**

**AFTER THE CHASE**, a specialized program of Life Enrichment Services, Inc for problem and compulsive gamblers and their families:

2238 Appleby Dr  
Wheaton, IL 60187

[www.lifeenrichmentservices.com](http://www.lifeenrichmentservices.com)

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